

What to Bring for Guided Sea Kayaking Day Trip

We provide top quality, stable double kayaks (if you are on your own, your Guide will partner you with a suitable paddler) and all necessary kayaking gear including paddles, buoyancy vests, spray jackets, dry bags and waterproof containers* for cameras.

***Please note:** we do not guarantee any containers to be 100% waterproof, therefore we advise camera gear to be wrapped in plastic.

Footwear in the kayak is optional. It will get wet. Many people find it more comfortable to wear some foot cover to prevent their heels rubbing against the kayak. Rubber water socks are ideal. Light sport shoes or sandals are also good. In the cooler months we supply rubber booties (bring your own socks), and gloves for your comfort.

Weather conditions might require pulling into a beach for shelter and some walking may be required. You might like to do some exploring on foot. Therefore, please bring some light footwear, suitable for walking.

Thermal clothing is recommended for kayaking. If it gets wet, it still keeps you warm, and dries quickly. Polypropylene, polar fleece or wool are excellent fabrics. Cotton (especially denim) is not recommended as it is very heavy and cold when wet, and takes a long time to dry.

We do enjoy glorious weather, summer and winter. Temperatures can be crisp in the mornings and cool in late afternoon with summer sea breezes. Bring a warm layer of wool or polar fleece and a light rain jacket to ensure your comfort.

What to Bring:

- Light walking shoes and socks
- Small day pack to be packed into storage hatches in the kayak
- Waterproof jacket with hood (spray jacket supplied is splash proof, not waterproof).
- Towel
- Swimming costume (optional)
- Change of clothes
- Insect repellent
- Sunglasses, sunhat and sunscreen. Abel Tasman National Park enjoys the highest number of sunshine hours in the country. Our clear skies, with no pollution result in a very high risk of sunburn.
- Drinking water.
- Lunch – check if your trip includes lunch or if you need to bring your own.